

Study the Virtue of Patience: Lessons from Surah Al-Baqarah and Ali Imran in the Qur'an

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ABSTRACT

Purpose of the study: The aim of this research is to determine the concept of patience education and the implementation of patience education in Q.S surah al-Baqarah verses 45, 153, 294.

Methodology: The research used by researchers is library research, this research involves collecting data related to the research object. Data analysis in the form of non-statistical analysis is suitable for descriptive data or textual data.

Main Findings: The findings in this research provide a little more knowledge about: The important education of patience which has been explained in Q.S surah al-Baqarah verses 45, 153, 294 and Ali Imran verses 125, 186, 200, apart from providing calm for life. Patience also has the function of solving problems well and not being hasty in carrying them out, so that people who implement this trait will find it easy to obey Allah and His Messenger.

Novelty/Originality of this study: This research carries originality in exploring the dimensions of patience education contained in the verses of the Qur'an, especially Surah Al-Baqarah verses 45, 153, and 249, as well as Ali Imran verses 125, 186, and 200. The focus of the research is on analysis in-depth understanding of the historical, linguistic context and interpretation of these verses, in order to reveal the nuances and wisdom contained in patience education. Thus, this research makes an important contribution in enriching the experience of Islamic religious education in madrasah and increasing its relevance to the demands of the times.

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1. INTRODUCTION

Education is the fundamental foundation that shapes individual and societal development. More than just the transfer of knowledge, education is a process of character formation, skill growth, and development of one's potential [1]. Through education, a person not only acquires academic knowledge, but also builds social, critical and creative skills that are essential in facing future challenges [2]. Education creates a foundation for a deep understanding of the world, encourages curiosity, and opens doors of opportunity for personal and professional growth [3]. By providing fair and equitable access to education, society can create an environment that is competitive, inclusive, and has a positive impact on future generations.

Patience is a trait that plays an important role in facing various life tests. Patience is not just waiting, but also contains deep meaning in living life's journey [4]. Patience involves the ability to remain calm and steadfast

in the face of obstacles, failures, or difficult situations [5]. This trait provides the strength not to be tempted by negative emotions, allowing the individual to stay focused on goals and overcome challenges wisely [6]. Patience brings wisdom, trains endurance, and strengthens mental resilience, thus enabling a person to go through every phase of life with a steady and calm attitude.

Patience is a priority. Apart from having to face challenges from the external environment, such as neighbors and the surrounding community who may not support our aspirations, we will also be tested through our possessions, including property and family [7]. The most difficult challenge may come from oneself, such as holding back one's desires. If we are unable to control our desires, every action we take can fall into immorality. It is important to realize that immorality can damage the heart, obscure its light, hinder knowledge, and hinder the acceptance of guidance [8]. The more immorality we commit, the more black dots cover our hearts, ultimately making the eyes of our hearts deaf.

Patience education plays a crucial role in forming character and readiness to face various aspects of life. The ability to be patient is not just about overcoming delays or obstacles, but is the basis for understanding the learning and teaching process [9]. In an educational context, patience allows students to face learning challenges diligently, provides space for skill development, and fosters mental resilience. For educators, patience is needed in guiding each individual according to their learning speed and style [10]. With patient education, the learning environment can become a place that supports, motivates, and creates a solid foundation for intellectual and emotional growth [11]. Patience in education not only forms deep understanding, but also creates students who are ready to face various changes and the complexity of an ever-evolving world [12].

This research is in line with research conducted by Solihin et al [13], although much research has been conducted on educational themes in the Qur'an. This research aims to fill this gap by deepening understanding of patience education as revealed in Surah Al-Baqarah and Ali Imran. By analyzing the verses related to patience in these two suras, this research hopes to explore wisdom and lessons that can be applied in the context of modern education [14]. Thus, it is hoped that this research can provide a valuable contribution to the understanding of the educational values contained in the Al-Qur'an, especially regarding the importance of patience in facing challenges and trials in life.

This research explores and analyzes the concept of patience education contained in Surah Al-Baqarah and Ali Imran in the Al-Qur'an [15]. Through an interdisciplinary approach that combines religious studies, psychology and education, this research aims to provide in-depth insight into the importance of patience in human life, especially in the context of education and character formation [16]. By exploring key verses in Surah Al-Baqarah verses 45, 153, 249 and Ali Imran verses 125, 186, 200, this research seeks to identify teachings that can be used as guidelines in developing an attitude of patience in facing challenges and trials.

The Qur'an consistently emphasizes the importance of patience as an essential trait in facing life's challenges and undertaking a spiritual journey [17]. By studying the verses contained in Surah Al-Baqarah and Ali Imran, we can reflect on the values of patience, gain insight into how to face tests and trials with fortitude, and understand that patience is the key to achieving success in life [18]. Apart from that, this research also provides a basis for enriching teaching materials and learning methods that can strengthen the spiritual and moral foundations of madrasah students, so that they are able to form strong characters and be full of patience in facing the challenges of daily life and strengthen their beliefs in transmitting Islamic teachings internationally. comprehensive. Thus, this research makes an important contribution in enriching the experience of Islamic religious education in madrasah and increasing its relevance to the demands of the times.

The importance of patient education in Islam is reflected in religious teachings which respect and emphasize the value of patience as a noble virtue [19]. In the context of everyday life, patience education in Islam teaches its followers to respond to life's trials, tests and challenges with a calm and steadfast attitude. Patience is not just waiting, but also involves steadfastness in facing all kinds of tests without losing good morals [20]. Islam teaches that patience brings great rewards from Allah, and people who are patient will get blessings in this world and the afterlife [21]. Patience education also stimulates the development of inner calm, emotional balance, and strengthens the spiritual bond with Allah. By understanding and applying the concept of patience, Muslims are reminded to remain grateful in all conditions and gain peace of mind when navigating the twists and turns of life. This research aims to explore the concept of patience education and apply this concept in the context of relevant verses from Surah al-Baqarah, namely verses 45, 153, and 294. The main aim is to understand the values of patience contained in the Al-Qur'an. and how these values can be implemented in everyday life, especially in the context of education.

2. RESEARCH METHOD

2.1 Type of Research

The research used by researchers is library research. Library research is a research method that involves collecting and analyzing information from various written sources such as scientific journals, books and bold articles that are relevant to the topic being researched [22]. In this research, researchers use existing information

to develop a deeper understanding of a particular topic, identify trends, gain insight into the development of concepts, and deploy different arguments. Library research allows researchers to construct a solid theoretical framework, discover gaps in existing knowledge, and formulate more focused research questions.

2.2 Data Collection Techniques

This research involves collecting data related to the research object, that type of research is carried out using the library research method. By collecting the necessary data, both primary and secondary, searched from library sources (such as books, magazines, articles and journals). Data collection that will be used for research is divided into two parts:

- a. Primary data sources, namely the Qur'an and the hadith of the Prophet SAW which relate to the nature of patience.
- b. Secondary data sources, namely interpretations of the Qur'an relating to the nature of patience and the works of experts who discuss all matters related to the main discussion.

2.3 Data Analysis Techniques

Non-statistical analysis is suitable for descriptive data or textual data. Descriptive data is often only analyzed according to its content, and therefore this type of analysis is also called content analysis. The researcher used the content analysis method to explain the meaning contained in the editorial of the Al-Qur'an, after that the results of the interpretation were analyzed in depth and carefully to answer the problem formulation that had been explained by the author.

3. RESULTS AND DISCUSSION

Patience in life has many meanings, apart from that, patience also educates people whose hearts can carry out this trait. There are many verses in the Qur'an that explain the nature of patience, some of these verses are verses contained in Q.S al-Baqarah verses 45, 153, 249 and Q.S Ali Imran verses 125, 186, 200. These verses contain several messages about patience education, including:

1. Educate Humans to Always Try

Patience is not surrender to everything that is difficult to implement or achieve (ideals), patience also never closes human potential to try to bring out all the abilities he has, but patience is a trait that leads humans to have a spirit that is active in trying, without knowing which is called despair.

2. Educate people not to rush

The character of haste is the embodiment of people who do not have patience in their hearts unless it is very little. Humans need the strength to be patient, considering that by nature humans are created with a hasty character, wanting to get something quickly and instantly. Humans are often in a hurry to do everything they do, there is only one medicine, namely patience, because people are in a hurry the cause is their inability to wait for the results of their efforts, patience that can be instilled in the human heart will educate humans not to rush in doing things. whatever he desires, Allah also promises help to those who have patience and piety.

3. Educate Humans to Be Optimistic

Calm human behavior will foster many positive things in their lives, people who are calm in their behavior find it easier to plan their life, in contrast to people who are always in a hurry in their lives, they tend to find it difficult to determine the steps in life to be on a good footing. Patience for the tranquility of human life is the foundation, when a person who has good patience will be able to determine what he will do and he has very strong speculation in his views, even though other people do not know this, in this case the Al-Qur'an provides a great example of someone's optimism based on the nature of patience.

Patience in the Qur'an is related to other easy moral qualities, such as self-confidence, gratitude, tawakkal, piety, etc. The relationship between these traits plays an important role in saving humans from the mire of pragmatic life and always wanting things as quickly as possible [23]. Humans who always dream of living peacefully side by side with one another, never stop exploring their minds to make it all happen, from all circles in this world, from the highest level of government or even one's own leadership in leading one's desires is nothing but all that is needed to create a harmonious life [24].

The patience mentioned in the verses explained above, if implemented in everyday life, will have many lessons in the journey of human life, including:

1. Cultivate someone's activeness

People who are patient do not mean always waiting in silence without definite steps, but on the contrary, patient people are always active in planning all their actions and tend not to be hasty in taking attitudes and decisions. A passive attitude is not the nature of patient people, because passive nature never produces achievements and goodness. When someone suffers from illness, their patient attitude is shown by trying to treat them without getting bored.

2. Patience is the key to success

For people who are always lazy and don't want to try to do anything, they definitely don't have patience in their hearts when they want what they want. Patience for a person will organize everything that is always in his plans, make him tend to always consider before acting, remain active by always trying his best, and if he fails he can always take the lesson behind what he experiences, instead of despairing and turning around.

3. Patience to Maintain Health

Mental peace will have an impact on a person's lifestyle behavior. With patience, a person can master anger and despair, so that in whatever conditions he remains consistent in doing good. For people who can control their anger, they tend to minimize the risk of heart disease due to hypertension, therefore patience can be an alternative medicine to prevent the spread of several deadly diseases in the human body.

4. Patience Opens the Doors of Heaven

This mortal world does have a lot of beauty in sight, hearing or feeling, but all of that is only temporary. Worldly love is one of the most serious psychological illnesses and the biggest sin of the heart, so the previous Prophets forbade it. The holy Qur'an condemns this trait more than any other sin and prohibits it.

People who are patient tend to prioritize the afterlife more easily than the temporary world, they have the belief that whatever is difficult in the world there will definitely be good rewards in the afterlife if they can carry it out according to Islamic law, and based on a sense of patience in carrying it out, and indeed patient people are loved by God [25].

This research is in line with research conducted by Ismail & Solahuddin [26], although the Qur'an richly provides guidance on patient education through the verses contained in Surah Al-Baqarah and Ali Imran, there are gaps that need to be studied further. This research aims to explore the meaning and practical implications of patience education contained in the verses of the Qur'an mentioned. This study can provide a deeper understanding of the concept of patience in the context of the Islamic religion, as well as provide practical guidance for individuals in facing challenges and trials in everyday life [27]. By filling this gap, it is hoped that this research can make a valuable contribution to the development of more effective and sustainable patience education based on the teachings of the Quran.

Research on Patience Education in the Al-Qur'an Surah Al-Baqarah 45, 153, 249, and Ali Imran 125, 186, 200 has significant implications in the context of education and character formation. The findings from this research highlight how important patience is in facing challenges and tests in everyday life [28]. The Qur'an provides rich teachings about the importance of patience in overcoming trials, maintaining calm in the face of difficulties, and strengthening faith in Allah's plan [29]. The implication of this research is that patience education not only helps individuals overcome obstacles, but also strengthens mental resilience, fosters a humble attitude, and forms a strong and resilient personality [30]. By understanding the teachings of the Qur'an about patience, education can be more effective in forming a generation that is able to face various life challenges with a wise attitude. Apart from that, a deeper understanding of the concept of patience in the Qur'an can also help madrasah teachers in designing more effective and interesting teaching methods, thus encouraging students to develop an attitude of patience and steadfastness in facing various challenges and trials in life daily.

Limitations of this research include a focus on verses that specifically discuss patient education in Surah Al-Baqarah verses 45, 153, and 249 and Ali Imran verses 125, 186, and 200 of the Qur'an. This research will be limited to a detailed analysis of the context, meaning and essence of educational patience contained in these verses. Although the Qur'an contains many verses relevant to the theme patience, this research will limit itself to those verses that aim to maintain focus and depth of analysis.

4. CONCLUSION

The nature of patience given by Allah, as explained in the verses of Q.S. Al-Baqarah verses 45, 153, 294 and surah Ali-Imran verses 125, 186, 200, cover various types of patience in human life. By practicing this patience, people can overcome various difficult challenges faced in their lives. Patience is considered the most fundamental aspect in shaping human behavior. Humans' ability to remain faithful to Allah's path and avoid Satan's temptations that can lead them astray can be achieved through the implementation of the attribute of patience as taught and explained by Allah in Q.S. Al-Baqarah verses 45, 153, 294 and surah Ali-Imran verses 125, 186, 200. It is recommended to integrate the values of patience contained in these verses into the madrasah curriculum in a comprehensive manner. This can be done by developing learning materials that emphasize the importance of patience in everyday life.

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